

RRDSB Bullying Prevention and Intervention Plan

The following pages are resources to help guide you in creating your school plan. The information below outlines the requirements in Board and Ministry policy that pertain to promoting an inclusive, safe, and caring school climate. Also included are suggested sources of data, strategies, and interventions for school teams to consider in developing a plan.

Plan Components	Mandatory Requirements as outlined by: P.123.SCO Bullying Prevention and Intervention, PPM 144, Accepting Schools Act 2012	Examples of Other Sources of Data, Strategies, and Interventions
Needs Assessment	<p>All schools must annually review and update their existing school-wide bullying prevention and intervention plans as part of their school improvement planning.</p> <p>School Climate Survey (grades 4-6)</p>	<p>School Climate Survey (grades 4-6)</p> <p>Achievement Data</p> <p>Behaviour reports</p> <p>Incident reports</p>
Training Strategies & Resources	<p>Board professional development workshops</p> <p>Staff meetings</p> <p>Role-specific training</p> <p>Provision of professional development and resources</p> <p>Character education and bullying prevention strategies, with a specific emphasis on anti-racism and strategies to prevent homophobia</p>	<p>RRDSB Online Modules (for staff)</p> <p>Common Sense Media</p> <p>KRRCFS Classroom-Based Supports, including workshops</p> <p>Zones of Regulation</p> <p>Feelings Buddies</p> <p>PALS</p> <p>Student Success Room / Autism Support Worker</p> <p>Day of Pink activities</p> <p>Bullying Prevention and Intervention Week (November)</p> <p>Positive staff and student relationships</p>

Plan Components	Mandatory Requirements as outlined by: P.123.SCO Bullying Prevention and Intervention, PPM 144, Accepting Schools Act 2012	Examples of Sources of Data, Strategies, and Interventions
Prevention and Awareness- Raising Strategies	Board Code of Conduct School Council as the active Safe Schools Team	Presentations, classroom lessons, and resources that foster inclusive and diverse relationships: OPP Kids, Playground Activity Leaders, Cyber Legends Encouraged reporting School-wide teaching strategies focused on healthy relationships and kindness KRRCFS workshops
Intervention and Support Strategies	Mandatory reporting protocol followed by all staff Follow Bullying Prevention and Intervention policy and procedure (4.31) Consult Student Discipline Procedure (4.30) Ensure interventions are consistent with the educational needs of all students (for example, those with IEPs) Ensure follow up with parents/guardians	Closely supervise students in all areas of the school and school grounds, especially those areas identified as being less safe (bathrooms, playground) Acknowledge and affirm the incident Gather information and get help Make a plan for victim safety and provide support for those who were bullied, have bullied others, and those who have witnessed these behaviours Implement restorative justice and collaborative problem solving Self-advocacy support

Plan Components	Mandatory Requirements as outlined by: P.123.SCO Bullying Prevention and Intervention, PPM 144, Accepting Schools Act 2012	Examples of Sources of Data, Strategies, and Interventions
Communication and Outreach	Share RRDSB policies and procedures with staff, students, and parents Post Bullying Prevention and Intervention plan, as well as school improvement plan, on website Provide access to appropriate support for parents where needed Regularly communicate that bullying behaviour will not be tolerated Use the language from 'Direct' poster -- dealing directly with language and behaviour	Include information in school newsletters and in-house publications Share information (such as BPIP) at staff meetings and School Council meetings Promote inclusive education -- culturally responsive and relevant, and equitable, diverse resources by developing partnerships with local agencies and organizations Assist parents to build capacity in bullying -- definitions, understanding, and identifying
Monitoring and Review Process	School Improvement and Equity planning	Review School Climate Survey data to assess need and pinpoint or target locations and situations that result in bullying behaviour

Appendix A	PD Opportunities for School Communities:	
Resources Summary	<p>RRDSB Online Modules:</p> <ul style="list-style-type: none">• Bullying: Recognition and Response• Keeping Students Safe at School• Making Schools Safe and Inclusive for LGBTQ Students• Cyberbullying <p>Common Sense: Common Sense provides students with digital citizenship skills to participate fully in their communities and make smart choices online and in life. They support educators with lesson plans, EdTech reviews, family resources, and more.</p> <p>WITS Program (K – 3, 4 – 6): WITS programs bring together schools, families, and community members to help elementary school children learn strategies on how to promote kindness and effectively manage peer victimization such as discrimination and bullying. The program is literacy based, providing a common language to build responsive communities.</p> <p>PREVNet: PREVNet is a national program lead by Queen’s University, to educate students about bullying and dating violence, cyberbullying and healthy relationships.</p> <p>Roots of Empathy: Roots of Empathy is an evidence and empathy-based classroom program designed for children ages 5-13 aimed at reducing levels of aggression among school children by increasing empathy and fostering socio-emotional competencies. With this program, elementary school children are coached to recognize and connect with the vulnerability and humanity of a baby who visits their classroom throughout the school year with their parent(s), along with a trained Roots of Empathy Instructor using a specialized curriculum.</p> <p>Get Cyber Safe: Get Cyber Safe is a public awareness campaign created to inform Canadians about cyber security and the simple steps they can take to protect themselves online.</p>	<p>Media Smarts: Media Smarts is a resource for digital and media literacy that offers lesson plans and tip sheets for educators.</p> <p>Dare to Care: Dare to Care, a Canadian program, is a comprehensive and practical bully prevention program that enables schools to virtually educate students (K to 9) and parents through online learning/education modules.</p> <p>Seven Grandfather Teachings: https://www.7generations.org/seven-grandfather-teachings/</p>